



## Level 6 - Black Belt Curriculum

### STRIKES:

Thai Pads Opposite Stance  
Jumping Spinning Back Kick  
Jumping Front Kick  
2 Jumping Front Kicks  
Jumping Round Kick  
Jumping Side Kick  
Scissor Front Kick  
Scissor Round Kick

### GUN DEFENSES:

Gun Hostage Standing  
Gun from Kneeling position  
Gun Being Walked  
Gun with Attacker Punching, Slapping, Etc.  
Gun Under Chin  
Gun from Behind, Hugging Technique

### LONG GUN DEFENSES:

Long Gun from the Side/Behind at a Distance  
Long Gun - Strikes with Rifle  
Long Gun v. Left Handed  
Machine Gun Takedown

### STICK DEFENSES:

All Stick v. Left Hand

### KNIFE DEFENSES

Knife Threats - Front  
Knife Threats - Behind  
Knife Threats - Hostage  
All Knife v. Left Hand  
Live Knife  
Knife with Attacker Grabbing, Holding, etc.  
2 v 1 Knife and Stick

### Sparring

Sparring 2 v 1

Defense vs. Suicide Bomber/Grenade

Defense vs. Garrote